



OU



Heavenly Father,

When Elizabeth encountered Your presence through Mary her heart leapt with joy.

As we draw ever nearer to the birth of Your Son, flood our hearts with that same joy which has the power to cast out darkness and doubt.

Shine your blessing of protection and peace upon us and those we love as we ready our hearts for the coming of your Son this Christmas. Keep us always turned to you in trust and gladness.

Through Christ our Lord, we pray. Amen.