



# FIVE WOUNDS OF CHRIST DEVOTION



The purpose of the Five Wounds Devotion is to draw closer to Christ and His Passion by reflecting on the wounds He received while on the Cross: the four on each of His hands and feet and the one in His side. It gives glory to these wounds and to the mercy that we are given through Christ's suffering and death. The devotion is similar to the rosary where a wound is stated and then meditated on during the following prayers. A Hail Mary is said at the end of each group of prayers in honor of Our Lady of Sorrows. In recent years, there has been a resurgence of devotion to the Five Wounds, in large part due to Pope Francis who frequently speaks about them in his homilies and public addresses. Many saints have also had a devotion to the Five Wounds, including St. Alphonsus Liguori and St. Francis of Assisi, and it received official papal approval from Pius VII in 1822.

## THE DEVOTION

Sign of the Cross.

*Eternal Father, I offer Thee the Wounds of Our Lord Jesus Christ to heal the wounds of our souls. Amen.*

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### I. THE WOUND IN THE LEFT FOOT OF OUR LORD

*My Jesus, pardon and mercy through the merits of Thy Sacred Wounds. Amen.*

Say the Glory Be 5 times.

*Glory Be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now and ever shall be, world without end. Amen.*

Say 1 Hail Mary in honor of Our Lady of Sorrows.

*Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.*

### 2. THE WOUND IN THE RIGHT FOOT OF OUR LORD

Say the Glory Be 5 times.

Say 1 Hail Mary in honor of Our Lady of Sorrows.

### 3. THE WOUND IN THE LEFT HAND OF OUR LORD

Say the Glory Be 5 times.

Say 1 Hail Mary in honor of Our Lady of Sorrows.

### 4. THE WOUND IN THE RIGHT HAND OF OUR LORD

Say the Glory Be 5 times.

Say 1 Hail Mary in honor of Our Lady of Sorrows.

### 5. THE WOUND IN THE SACRED SIDE OF OUR LORD

Say the Glory Be 5 times.

Say 1 Hail Mary in honor of Our Lady of Sorrows.

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*My Jesus, pardon and mercy through the merits of Thy Sacred Wounds. Amen.*

Say the Our Father.

*Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.*

Say the Hail Mary.

Say the Glory Be.

Sign of the Cross.