



9-Day St. Joseph NOVENA

BACKGROUND

Saint Joseph, the foster father of Jesus and husband of the Virgin Mary is the patron saint of the universal church, fathers, workers, and the sick and dying. St. Joseph was a carpenter. He worked hard to provide for and protect his family.

We celebrate his Feast Day on March 19th. He is the patron saint of the Sisters of Saint Joseph, the order to which two of our The God Minute reflectors belong - Sister Kathleen and Sister Charlene.

This novena will begin on March 10th and will continue through March 18th and we will celebrate Saint Joseph's Feast Day on March 19th with a special reflection from Sister Kathleen.

DAILY NOVENA PRAYER

Sign of the Cross.

Reflect on the Day of St. Joseph on the next page.

Prayer to St. Joseph:

Saint Joseph, you are the faithful protector and intercessor of all who love and venerate you. You know that I have confidence in you and that, after Jesus and Mary, I come to you as an example for holiness, for you are especially close with God. Therefore, I humbly commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, pray for me to have a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may die as you did in the arms of Jesus and Mary.

(Mention Your Request)

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God.

St. Joseph Most Just, pray for us!

Amen.



Day 1: March 10th

St. Joseph as a Faithful Servant

St. Joseph responded to God's call with unwavering trust. He was a faithful servant in the most profound and quiet ways, embodying obedience, trust, and a deep devotion to the Lord through his partnership with Mary. Joseph's faith was not one of grand gestures but of steadfast presence; he protected, provided, and guided the Holy Family with humility and love.

Day 2: March 11th

St. Joseph as the Guardian of the Holy Family

Joseph's silent strength provided stability for the Holy Family. Entrusted with the care of Jesus and Mary, he shielded them from harm, leading them safely to Egypt when Herod sought to destroy the Child, and bringing them back when the time was right. St. Joseph's life reminds us that true guardianship is rooted in faith, and that to protect and guide others well, we must first listen to the voice of God.

Day 3: March 12th

St. Joseph with Humble Obedience

Joseph obeyed God without hesitation, even in the face of uncertainty. When the angel appeared to him in a dream, telling him to take Mary as his wife, he did not hesitate—he simply obeyed, setting aside any fear or concern for his own reputation. St. Joseph's life reminds us that true greatness is found in quiet service and that humility is not weakness, but the strength to trust God above all else.

Day 4: March 13th

St. Joseph as the Worker of Integrity

As a carpenter, St. Joseph lived a life of honest labor. St. Joseph was a man of deep integrity, working not just with his hands but with his heart, offering every task as an act of devotion to God. He teaches us that integrity in work is not just about skill, but about the spirit in which we labor; whether seen or unseen, every effort can be an offering to God.

Day 5: March 14th

St. Joseph as the Protector of Mary

St. Joseph was entrusted with one of the greatest responsibilities in salvation history; to be the protector of Mary, the Mother of God. In quiet strength and unwavering faith, he shielded her from harm, standing beside her with selfless love and devotion. St. Joseph's protection was not only physical; he safeguarded her dignity, her mission, and the sacred mystery entrusted to them both.

Day 6: March 15th

St. Joseph as a Silent Witness

Joseph never speaks in Scripture, yet his actions speak volumes. He bore witness to the Incarnation not through grand speeches or public deeds, but through quiet, faithful obedience to God's will. In the background of Christ's early years, St. Joseph worked, provided, and protected, embracing his role with humility and love.

Day 7: March 16th

St. Joseph had Courage in Adversity

St. Joseph faced many challenges from fleeing to Egypt, providing for his family, to protecting Jesus. St. Joseph's courage in adversity was not loud or forceful, but steadfast and unwavering, rooted in deep trust in the Lord. When confronted with Mary's unexpected pregnancy, he chose mercy over judgment, seeking to protect her rather than expose her to shame.

Day 8: March 17th

St. Joseph was a Model of Fatherhood

Joseph nurtured, guided, and protected Jesus as a loving father. Though he was not the biological father of Jesus his heart was fully open to God's will, and Jesus. He listened to God's voice, leading his family with wisdom and obedience, even when the path was difficult.

Day 9: March 18th

St. Joseph as the Patron of the Church

As the earthly guardian of Christ, Joseph is also the guardian of His Church. The Church looks to St. Joseph as a guardian and protector, especially in times of trial and uncertainty. Through his intercession, we find comfort, strength, and a renewed call to live our faith with the same devotion and love that he exemplified.

Be sure to join us on The God Minute on March 19th for a reflection from Sister Kathleen on the Feast Day of St. Joseph.

